

## Nepal Cost 2024

Item	Cost
Flight	£715
Visa	£25
Hotel	£296
Food	£120
Nepal Transport	£55
Teaching days	£30
Car parking	£40
Fuel	£50
Airport spending	£30
Shirts	£20
Contingency	£219
Total	£1600

Hotel cost breakdown (159 rupees per pound)

2023 Hotel cost = 375000 npr (£2358)

5 rooms = 75000 npr per room (£472)

8 people = 46875 npr per person (£295)

9 nights = 41667 npr per night (£262)

5208 npr (£33) per person per night

2024 Hotel Cost = 445000 npr (167 rupees per pound)

6 rooms = 74167 npr (£444)

9 people = 49444 npr (£296)

9 nights = 49444 npr (£296)

5493 npr (£33) per person per night

Last year (Jan 2023) I made calculations in January using an exchange rate of 140npr per pound, this rose to 159 by the time we were in Nepal so we “gained”. This year I have been more accurate now, with the current exchange rate which is reflected in the comparison. If I had used 159 we would be looking at a higher cost. If the pound increases by the time we arrive in Nepal we will gain, if it decreases we will need to use money from the contingency fund. It would take a collapse of the pound for that loss to be significant.

## Flight comparison

Qatar 2023	Air India 2024
Heathrow to Doha Depart 15:05 arrive 23:50 6h 45 flight	Heathrow to New Delhi Depart 13:30 arrive 03:15 8h 15 flight
2h 45 transit	3h 40 transit
Doha to Kathmandu Depart 02:35 arrive 10:05 4h 45 flight	New Delhi to Kathmandu Depart 06:55 arrive 09:05 1h 55 flight
Total time 14h 15	Total time 13h 50
Kathmandu to Doha Depart 10:30 arrive 13:20 5h 35 flight	Kathmandu to New Delhi Depart 21:40 arrive 23:20 1h 55 flight
4h 10 transit	3h 25 transit
Doha to Kathmandu Depart 17:30 arrive 22:00 7h 30 flight	New Delhi to Heathrow Depart 02:45 arrive 06:35 9h 20 flight
Total time 17h 15	Total time 14h 40
Grand total 31h 30	Grand total 28h 30